

CURRICULUM VITAE
Jennifer Jo Waldron, Ph.D.
Professor

EDUCATION

Graduate

Doctor of Philosophy: Kinesiology
Concentration: Psychosocial Aspects of Physical Activity
Michigan State University
Advisor: Martha E. Ewing, Ph.D.
1999-2003

Master of Education: Developmental Kinesiology
Concentration: Sport Psychology
Bowling Green State University, Bowling Green, Ohio
Advisor: Vikki Krane, Ph.D.
1997-1999

Undergraduate

Bachelor of Arts with Honors: Exercise Science
University of St. Thomas, St. Paul, Minnesota
1992-1996

PROFESSIONAL EXPERIENCE

Professor

School of Health, Physical Education, and Leisure Services
University of Northern Iowa, Cedar Falls, Iowa
2015-present

Associate Professor

School of Health, Physical Education, and Leisure Services
University of Northern Iowa, Cedar Falls, Iowa
2009-2015

Assistant Professor

School of Health, Physical Education, and Leisure Services
University of Northern Iowa, Cedar Falls, Iowa
2003-2009

Motor Skills Program Coordinator

Child Development Laboratory, East Lansing, Michigan
2002-2003

Graduate Research Assistant

Institute for the Study of Youth Sports
Michigan State University, East Lansing, Michigan
1999-2002

Instructor

Proseminar in Kinesiology
Philosophical and professional perspectives in kinesiology
Michigan State University, East Lansing, Michigan
2001-2002

Graduate Assistant

Sociocultural Aspects of Sport and Physical Activity Spring 2001
Sociocultural context of and social practices in sport and physical activity
 Michigan State University, East Lansing, Michigan

Instructor

Sociocultural Aspects of Sport and Physical Activity Fall 2000
 Michigan State University, East Lansing, Michigan

Graduate Research Assistant

Women's Studies 1998-1999
 Bowling Green State University, Bowling Green, Ohio

Graduate Teaching Assistant

General Physical Education 1997-1998
 Bowling Green State University, Bowling Green, Ohio

EDUCATIONAL LEADERSHIP**Chair of Institutional Review Board (January 2017-present)**

- 1) Strengthens scholarship on campus
- 2) Provides leadership and oversight for policies, procedures and practices of the IRB
- 3) Sustains comprehensive knowledge and understanding of federal regulations, including revisions to the federal regulations
- 4) Revises campus training materials to present at educational events
- 5) Manages board meetings
- 6) Reviews full board, expedited, and exempt applications
- 7) Assists Office of Research and Sponsored programs

Women and Gender Studies Graduate Program Coordinator (2013-January 2015)

- 1) Facilitated a SWOT analysis of program with WGS internal advisory board members
- 2) Chaired the WGS Graduate Committee
- 3) Drafted 3 new documents for graduate students pertaining to their thesis or research project
 - a) Thinking about a culminating project
 - b) Thesis and research project prospectus
 - c) Internship and research project guidelines as well as forms for the internship
- 4) Assisted with updating and writing guidelines for comprehensive exams
- 5) Contributed to updating the WGS Graduate Student Handbook
- 6) Composed the document for Iowa Board of Regents Efficiency and Transformation Study: Departmental Information Regarding Academic Programs
- 7) Communicated with necessary administrators (e.g., Director of WGS, Associate Dean of Graduate College) about the WGS graduate program
- 8) Transmitted information about graduate program to WGS Internal Advisory Board

Sport Psychology focus of Physical Education Graduate Program Coordinator (2007-2016)

- 1) Chaired Academic Program Review (2014-2015) for Physical Education graduate program
 - a) Oversaw the collection of data from multiple sources and people
 - b) Analyzed and interpreted the data
 - c) Compiled information into report
- 2) Chaired Student Outcomes Assessment committee for Physical Education graduate program
 - a) Created and implemented a system to collect data
 - b) Synthesized yearly data
 - c) Proposed changes to graduate program based on analyzed data
 - d) Presented SOA report to graduate faculty

Chair of Graduate Faculty (2010-2011) and Chair of Graduate Council (2008-2010)

- 1) Promoted the campus vision of graduate education
- 2) Chaired Graduate Education Strategic Planning Committee, and created new strategic plan
- 3) Organized brown bags to promote faculty scholarship
- 4) Appointed member of search committee for Associate Provost for Academic Affairs and Dean of Graduate College
- 5) Organized and facilitated Graduate Council meetings
- 6) Co-coordinated annual Graduate Faculty meeting
- 7) Contributed to the Graduate Council Thesis Task Force
- 8) Strengthened, with others, the recency policy
- 9) Collaborated with Graduate Leadership team

RESEARCH AND PUBLICATIONS

* Represents work conducted with a student

External Grants

Pfister, G. U., & **Waldron, J. J.** (2013). *Gender equality among sport leaders and coaches - an intercultural comparison between the situation in Denmark and the USA*. Grant proposal for the Danish Agency for Science, Technology and Innovation. (\$50,000, not funded).

Waldron, J. J., & Johnson, J. A. (2010). *Predictors and outcomes of aggressive hazing acts and initiation rituals in sport*. Grant proposal for the Henry Frank Guggenheim Foundation. (\$28,994, not funded).

Phillips, C., Hamilton, N., & **Waldron, J. J.** (2008). *Factors in choice, enjoyment and persistence in active computer games*. Grant proposal for the Robert Wood Johnson Foundation. (\$152,631, not funded).

Waldron, J. J. (2006). *Exploratory investigation into athletes' hazing experiences*. Grant proposal for the American Alliance of Health, Physical Education, Recreation, and Dance Research Consortium Seed Grant. (\$5,000, **funded**).

Waldron, J. J., Turman, P., Lankford, S. (2005). *Institute for coach and youth development in sport*. Federal Appropriations Request for Fiscal Year 2006 (\$967,120, not funded).

Waldron, J. J. (2002). *The effectiveness of three extracurricular programs on the psychosocial development of early adolescent girls*. Grant proposal for the Lilo Leeds Women's Sports and Fitness Participation Research Fund, Women's Sports Foundation (\$5,000, not funded).

Internal Grants

Waldron, J. J. (April, 2017). *Catch-life data analysis*. College of Education Summer Scholarship. (\$4,000, **funded**).

Alborn-Yilek, S., & **Waldron, J. J.** (April, 2017). *Polar fitness trackers*. College of Education technology grant, (\$7,000, **funded**)

Waldron, J. J. (2016). *Midwest Sport and Exercise Psychology Symposium*. Expenses for self and 5 students to attend the Symposium, University Of Northern Iowa (\$1,111, **funded**).

Waldron, J. J. (2014). *Exploring news and social media constructions of three Iowa hazing cases*. Professional Development Assignment, University of Northern Iowa (**awarded**).

Waldron, J. J. (2014). *Media coverage of the female athlete*. Reaching for Higher Ground Mini-Grant, University of Northern Iowa (\$1,000, **funded**).

Waldron, J. J. (2011). *Predictors of initiation rituals in high school and college athletes*. Professional Development Assignment, University of Northern Iowa (**awarded**).

Waldron, J. J. (2011). *Social justice and inclusiveness in women's flat track roller derby*. College of Education travel award, University of Northern Iowa (\$500, **funded**).

- Waldron, J. J. & Chananie-Hill, R. (2010).** *Third wave agenda: Women's flat track roller derby.* Interdisciplinary research grant, University of Northern Iowa (\$2,500 salary stipend, **funded**).
- Waldron, J. J. (2009).** *Athletes' Perceptions of Initiations, Rituals, and Hazing.* Research fellowship proposal for four-week 2009 Summer Fellowship, University Of Northern Iowa (\$2,665 salary stipend, **funded**).
- Waldron, J. J. (2008).** *Physical Activity and Quality of Life.* College of Education travel award, University of Northern Iowa (\$500, **funded**).
- Waldron, J. J. (2008).** *Midwest Sport and Exercise Psychology Symposium.* Expenses for self and 4 students to attend the Symposium, University Of Northern Iowa (\$550, funded).
- Waldron, J. J. (2007).** *Carver Fellowship for Enhancing the Quality of Graduate Education,* University of Northern Iowa (\$3,000, **funded**).
- Waldron, J. J. (2007).** *Association for Applied Sport Psychology.* College of Education travel award, University of Northern Iowa (\$750, **funded**).
- Waldron, J. J. (2007).** *Midwest Sport and Exercise Psychology Symposium.* Expenses for self and 5 students to attend the Symposium, University Of Northern Iowa (\$708, **funded**).
- Waldron, J. J. (2006).** *Investigating former athletes' hazing experiences.* Research fellowship proposal for four-week 2006 Summer Fellowship, University Of Northern Iowa (\$2,665 salary stipend, **funded**).
- Waldron, J. J. (1999).** *Self-esteem, body-esteem, and athletic competence in adolescent females.* Research fellowship proposal for William Wohlgamuth Memorial Fellowship, Institute for the Study of Youth Sport, Michigan State University, (\$1,000 and stipend, **funded**).

Refereed Research Publications

- Waldron, J. J., Alborn-Yilek, S., Schares, D., Huckstadt, K., & Gute, G. (submitted).** School administrators' experiences in 6-month well-being program. *Journal of School Leadership.*
- Watanabe, P. L., Fontana, F., Choi, S., Silva, M., Mazzardo, O., **Waldron, J.,** & Campos, W. (In Press). Development and validation of the Brazilian Weight Teasing during Physical Activity Scale. *Brazilian Journal of Movement Science.*
- *Buhrow, C., Digmann, J., **Waldron, J. J.** (2017). The relationship between sports socialization and mental toughness. *International Journal of Exercise Psychology, 10* (1), pp. 44-52. Retrieved from <http://digitalcommons.wku.edu/ijes/vol10/iss1/5/>
- Waldron, J. J. (2016).** It's complicated: Negotiations and complexities of being a lesbian in sport. *Sex Roles, 74,* 335-346.
- Waldron, J. J. (2015).** Predictors of mild hazing, severe hazing, and positive initiation rituals in sport. *International Journal of Sport Science and Coaching, 10,* 1089-1101.

- *Kalin, J. L., & **Waldron, J. J.** (2015). Preferences toward gender of coach and perceptions of roles of basketball coaches. *International Journal of Exercise Psychology*, 8 (4), article 1. Retrieved from <http://digitalcommons.wku.edu/ijes/vol8/iss4/>
- *Ehlert, C., Marston, R., Fontana, F. & **Waldron, J. J.** (2015). Weight bias in our schools and how your physical education teacher can assist in its demise, *The Physical Educator*, 72, 403-412.
- Butryn, T., LaVoi, N., Kauer, K., Semerjian, T., & **Waldron, J. J.** (2014). We walk the line: An analysis of the problems and possibilities of work at the sport psychology-sport sociology nexus. *Sociology of Sport Journal*, 31, 162-184.
- *Hawkins, B., Kalin, J., & **Waldron, J. J.** (2014). Psychological needs profile, motivational orientation, and physical activity of college students. *Global Journal of Health and Physical Education Pedagogy*, 3, 137-149.
- *Chananie-Hill, R. A., **Waldron, J. J.**, & Umsted, N. K. (2012). Third wave agenda: Women's flat track roller derby. *Women in Sport and Physical Activity Journal*, 21, 33-49.
- Waldron, J. J.** (2012). A social norms approach to hazing prevention workshops. *Journal of Sport Psychology in Action*, 3, 1-9.
- *Chakrion, R., & **Waldron, J. J.** (2011). The influence of teacher-initiated reminders on the attainment of students' aerobic fitness goals. *Journal of the Coimbra Network of Physical Education and Sport Science*, 4, 3-10.
- Waldron, J. J.**, Lynn, Q., & Krane, V. (2010). Duct tape, icy hot, & paddles: Male athlete hazing narratives. *Sport, Education, and Society*, 16, 111-125.
- Waldron, J. J.**, & Dieser, R. B. (2010). Perspectives of fitness and health in college men and women. *Journal of College Student Development*, 51, 65-78.
- Kowalski, C. L., & **Waldron, J. J.** (2010). Looking the other way: Athletes' perceptions of coaches' responses to hazing. *International Journal of Sports Science & Coaching*, 5, 87-100.
- *Hatch, S. J., & **Waldron, J. J.** (2010). Collegiate athletes' perceptions of the legitimacy of aggression in sport. *Journal for the Study Sports and Athletes in Education*, 4, 23-34.
- Waldron, J. J.** (2009). Development of life skills and involvement in the Girls on Track program. *Women in Sport and Physical Activity Journal*, 18, 60-74.
- Martin, J. J., **Waldron, J. J.**, McCabe, A., & Choi, Y. S. (2009). The Impact of "Girls on The Run" on self-concept and fat attitudes. *Journal of Clinical Sport Psychology*, 3, 127-138.
- Waldron, J. J.**, & Kowalski, C. L. (2009). Crossing the line: Rites of passage, team aspects, and ambiguity of hazing. *Research Quarterly for Exercise and Sport*, 80, 291-302.
- ***Waldron, J. J.**, & Troupe, N. R. (2008). Applying the sport commitment model to strength and conditioning. *Strength and Conditioning Journal*, 30, 79-82.

- ***Waldron, J. J., & White, N.** (2008). Why college athletes play through pain during competition. *Contemporary Athletics, 3*(1), 33-40.
- Waldron, J. J.** (2007). Influence of involvement in the girls on track program on the self-perceptions of early adolescent girls. *Research Quarterly for Exercise and Sport, 78*, 520-531.
- ***Kuennen, M. R., & Waldron, J. J.** (2007). Relationships between specific personality traits, fat free mass indices and the muscular dysmorphia inventory. *Journal of Sport Behavior, 30*, 453-470.
- Waldron, J. J., & Krane, V.** (2005). Whatever it takes: Health compromising behaviors in female athletes. *Quest, 57*, 315-329.
- Waldron, J. J., & Krane, V.** (2005). Motivational climate and goal orientation in adolescent female softball players. *Journal of Sport Behavior, 28*, 378-391.
- ***Blome, J., Waldron, J. J., & Mack, M. G.** (2005). The relationship between personalized jerseys and aggression in women's ice hockey. *Perceptual and Motor Skills, 101*, 499-504.
- Gano-Overway, L. A., Guivernau, M., Magyar, T. M., Waldron, J. J., Ewing, M. E.** (2005). Achievement goals and perceptions of the motivational climate on sportspersonship: Individual and team effects. *Psychology of Sport and Exercise, 6*, 215-232.
- Krane, V., Waldron, J. J., Michalenok, J., & Stiles-Shipley, J.** (2001). Body image concerns in female exercisers and athletes: A feminist cultural studies perspective. *Women in Sport and Physical Activity Journal, 10*, 17-54.
- Krane, V., Stiles-Shipley, J., Waldron J. J., & Michalenok, J.** (2001). Relationships among body satisfaction, social physique anxiety, and eating behaviors in female athletes and exercisers. *Journal of Sport Behavior, 24*, 247-265.

Scholarly Book Chapters

- Waldron, J. J.** (in preparation). 'Athletes will be athletes:' Degrading and harming new teammates during hazing. In M. Lang (Eds.), *International Handbook of Athlete Welfare*.
- Waldron, J. J., & Kowalski, C.** (in press). Understanding health-compromising behaviours in athletes: Alcohol use, marijuana use, hazing, and gambling. In R. Thelwell & M. Dicks (Eds.), *Professional advances in sports coaching: Research and practice*.
- Waldron, J. J.** (in press). Critical theoretical approaches to LGBTIQ people in sport. In V. Krane (Ed.), *Lesbian, gay, bisexual, transgender, intersex, and queer sportspeople*.
- Waldron, J. J.** (2016). Hazing in sport. In R. Schinke, K. McGannon, & B. Smith (Eds.), *International handbook in sport psychology* (pp. 304-312). New York, NY: Routledge.
- Waldron, J. J.** (2014). A post-structuralist approach to hazing in sport. In K. McGannon & R. Schinke (Eds.), *The psychology of sub-culture in sport and physical activity: A critical approach* (pp. 31-47). New York, NY: Psychology Press.

- Waldron, J. J.** (2012). Qualitative research. In T. Baumgartner & L. Hensley (Eds.), *Conducting and reading research in kinesiology* (pp. 197-214). New York: McGraw-Hill.
- Waldron, J. J., & Johnson, C. J.** (2011). Are you culturally competent? Understanding the relationship between leisure and the health of lesbian, gay, and bisexual individuals. In K. Paisley & D. Dustin (Eds.), *Speaking up and speaking out* (pp.171-179). Urbana, IL: Sagamore Publishing.
- Krane, V, **Waldron, J. J.**, Kauer, K. J., & Semerjian, T. Z. (2010). Queering sport psychology. In T. Ryba, G. Tenenbaum, & R. Schinke (Eds.), *Cultural turn in sport and exercise psychology* (pp.153-180). Morgantown, WV: Fitness Information Technology.
- ***Waldron, J. J., & Hatch, S. J.** (2009). "I have to exercise to eat!" Body image and eating disorders in exercisers. In J. Reel & K. Beals, (Eds.), *The hidden faces of eating disorders and body image* (pp. 159-176). Reston, VA: National Association for Girls and Women in Sport.
- Waldron, J. J., Semerjian, T., & Kauer, K.** (2009). Doing 'drag': Applying queer-feminist theory to the body image and eating disorders across sexual orientation and gender identity. In J. Reel & K. Beals, (Eds.), *The hidden faces of eating disorders and body image* (pp. 63-82). Reston, VA: National Association for Girls and Women in Sport.
- *Blome, J., **Waldron, J. J.**, & Mack, M. G. (2007). The relationship between personalized jerseys and aggression in women's ice hockey. In T. C. Lomand (Ed.), *Social science research: A cross section of journal articles for discussion and evaluation* (pp. 106-109). Glendale, CA: Pycszak Publishing. (REPRINT).
- Waldron, J. J.** (2005). Body image in active and athletic females. In L. Ransdell & L. Petlichkoff (Eds.), *Healthy sport and physical activity participation for girls and women* (pp. 277-293). Reston, VA: National Association for Girls and Women in Sport.
- Waldron, J. J.** (2004). You Go Girl! Understanding involvement in the GOTR program. In M. Chin, L. D. Hensley, P. Cote, & S. Chen (Eds.), *Global perspectives in the integration of physical activity, sports, dance, and exercise science in physical education: From theory to practice* (pp. 457-468). Hong Kong: Hong Kong Institute for Education.
- Krane, V., & **Waldron, J. J.** (2000). The Gay Games: Creating our sport culture. In K. Schaffer & S. Smith (Eds.), *The Olympics at the millennium: Power, politics, and the Olympic Games* (pp. 147-164). New Brunswick, NJ: Rutgers University Press.

Other Publications

Invited Publications

- Waldron, J. J.** (2008). Editorial: I have to do *what* to be a teammate? *Journal of Physical Education, Recreation, and Dance*, 79(5), 4-5, 10.
- Waldron, J. J.** (2007). Editorial: Looking at the past to understand the present: Women and Sport. *Journal of Physical Education, Recreation, and Dance*, 78(3), 3-4, 9.

Waldron, J. J. (2006). Editorial: Web-based surveys undermine Title IX. *Journal of Physical Education, Recreation, and Dance*, 77(4), 4-6, 11.

Semerjian, T. Z., & **Waldron, J. J.** (2001). The journey through feminism: Theory, research, and dilemmas from the field. *The Sport Psychologist*, 15, 438-444.

Encyclopedia Entry

Waldron, J. J. (in press). Gender identity. In D. Hackfort, R. Schinke, & B. Strauss (Eds.), *International Dictionary of Sport Psychology*.

Waldron, J. J. (in press). Hazing. In D. Hackfort, R. Schinke, & B. Strauss (Eds.), *International Dictionary of Sport Psychology*.

***Waldron, J. J.** & Chariton, C. L. (2013). Burnout (3rd ed.). In D. Levinson & K. Christensen (Eds.), *Berkshire Encyclopedia of World Sport*, (pp. 200–202). Great Barrington, MA: Berkshire Publishing Group.

Waldron, J. J. (2005). Burnout. In D. Levinson & K. Christensen (Eds.), *Berkshire Encyclopedia of World Sport*, (pp. 268-270). Great Barrington, MA: Berkshire Publishing.

Book and Conference Reviews

Waldron, J. J. (2017). Increasing learning in college courses: A theoretical and pedagogical approach. [Review of the book *Life Beyond Grades: Designing College Courses to Promote Intrinsic Motivation*, by M. V. Covington, L. M. von Hoene, & D. J. Voge]. *PsycCRITIQUES*, 62(48). doi: 10.1037/a0041127

Waldron, J. J. (2017). Bella's story: An intimate account of sexual abuse by a coach. [Review of the book *Sexual Abuse in Sport: A Qualitative Case Study*, by H. Owton]. *PsycCRITIQUES*, 62(13). doi: 10.1037/a0040790

Waldron, J. J. (2013). Exercise motivation and mental health benefits. [Review of the book *The Oxford Handbook of Exercise Psychology*, by E. O. Acevedo (Ed.)]. *PsycCRITIQUES*, 58(24). doi: 10.1037/a0032444

Waldron, J. J. (2007). Book Review: She Can Coach! *The Sport Psychologist*, 21, 267-269.

Waldron, J. J., & Greenleaf, C. (2000). A review of the Association for the Advancement of Applied Sport Psychology Conference. *Women in Sport and Physical Activity Journal*, 9(2), 152-154.

Service Publications

Waldron, J. J. (2016). Building a culture of academic integrity. In J. J. Waldron & A. Helgevold (Curators). *UNIVersitas*, 11. Retrieved from <https://www.uni.edu/universitas/article/building-culture-academic-integrity>

Waldron, J. J., & Heisterkamp, A. (2012, December). *MVP Playbook for LGBT students*.

- Ahrabi-Fard, I., & **Waldron, J. J.** (2010). Teaching athletes to coach themselves. *Volleyball ACE*, 21(21). Retrieved from <http://www.avca.org/includes/media/docs/PowerTips-12-15-2010.pdf>
- *Hashemi-Toroghi, N, Frisch, D., Novotny, C., & **Waldron, J. J.** (2009). Make physical activity a family event. Retrieved December 20, 2009 from Association for Applied Sport Psychology Web Site: <http://www.appliedsportpsych.org/resource-center/resources-for-parents/make-physical-activity-a-family-event/>
- Waldron, J. J.** (2009). When building muscle turns into muscle dysmorphia. Retrieved January 20, 2009 from Association for Applied Sport Psychology Web Site: <http://www.appliedsportpsych.org/resource-center/health-fitness-resources/when-building-muscle-turns-into-muscle-dysmorphia/>
- *Hatch, S. J., Thomsen, D., & **Waldron, J. J.** (2009). Extrinsic rewards and motivation. Retrieved January 20, 2009 from Association for Applied Sport Psychology Web Site: <http://www.appliedsportpsych.org/resource-center/resources-for-coaches/extrinsic-rewards-and-motivation/>
- Waldron, J. J. (2007). Encouraging good sport conduct in athletes. Retrieved October, 16, 2007 from Association for Applied Sport Psychology Web Site: <http://www.aaasponline.org/resource-center/coaches/articles/good-sports>
- Waldron, J. J.** (2007). Reducing hazing in sport teams. Retrieved August, 20, 2007 from Association for Applied Sport Psychology Web Site: <http://aaasponline.org/Resource-Center/Coaches/Articles/hazing-teams>
- Waldron, J. J.** (2005). Using verbal instructions, demonstrations, and feedback in the classroom. *Association for Iowa Health, Physical Education, Recreation, and Dance Journal*, 37(2), 3-6.
- Waldron, J. J.** (2004). Assessing motor skill development. In K. J. Finn (Ed.), *The PLAY book: Training manual for preschool teacher's movement education workshop* (pp. 21-26). Rural Iowa Preschool Movement Startup Program.
- Waldron, J. J.,** & Ewing, M. E. (2002, May). Sportsmanship. In V. Seefeldt, M. Clark, & J. Powell (Eds.), *Psychological dimensions of youth football* (pp. 12-15). National Football League Youth Fund.
- Waldron, J. J.,** & Ewing, M. E. (2002, May). Building self-confidence and self-esteem. In V. Seefeldt, M. Clark, & J. Powell (Eds.), *Psychological dimensions of youth football* (pp. 16-19). National Football League Youth Fund.
- Waldron, J. J.,** & Ewing, M. E. (2002, May). Helping athletes cope with competitive stress. In V. Seefeldt, M. Clark, & J. Powell (Eds.), *Psychological dimensions of youth football* (pp. 35-38). National Football League Youth Fund.

Waldron, J. J., & Ewing, M. E. (2002, May). Effective communication. In V. Seefeldt, M. Clark, & J. Powell (Eds.), *Psychological dimensions of youth football* (pp. 69-73). National Football League Youth Fund.

Waldron, J. J. (2001, May/June). Sportspersonship benefits everyone. *GWS News*, 28(3), 5.

Waldron, J. J. (2001, Winter). Females in sport: Where we have been, are, and need to be. *Spotlight on Youth Sports*, 25(4), 1-4.

Waldron, J. J. (2000, Summer). Stress, overtraining, and burnout associated with participation in sport: Is your child at risk? *Spotlight on Youth Sports*, 24(2), 4-5.

Applied Book Chapters

Waldron, J. J. (2005). Reflecting on language in the classroom. In M. C. Stalp & J. Childers (Eds.), *Teaching sociological concepts and the sociology of gender*. (pp. 78-79). Washington, DC: American Sociological Association.

Waldron, J. J. (2001). Sportsmanship. In V. Seefeldt & M.A. Clark (Eds.), *Program for athletic coaches' education* (3rd edition) (pp. 6-11). Traverse City, MI: Cooper Publishing Group.

Waldron, J. J., Ewing, M. E., & Gano-Overway, L. A. (2001). Effective communication. In V. Seefeldt & M.A. Clark (Eds.), *Program for athletic coaches' education* (3rd edition) (pp. 195-202). Traverse City, MI: Cooper Publishing Group.

Ewing, M. E., **Waldron, J. J., & Gano-Overway, L. A.** (2001). Helping athletes cope with stress: A vital aspect of motivation. In V. Seefeldt & M.A. Clark (Eds.), *Program for athletic coaches' education* (3rd edition) (pp. 224-230). Traverse City, MI: Cooper Publishing Group.

Haubenstricker, J. L., & **Waldron, J. J.** (2001). Physical and cognitive growth of children and youths. In V. Seefeldt & M.A. Clark (Eds.), *Program for athletic coaches' education* (3rd edition) (pp. 29-41). Traverse City, MI: Cooper Publishing Group.

Ewing, M. E., Gano-Overway, L. A., & **Waldron, J. J.** (2001). Positive coaching. In V. Seefeldt & M.A. Clark (Eds.), *Program for athletic coaches' education* (3rd edition) (pp.203-208). Traverse City, MI: Cooper Publishing Group.

Gano-Overway, L. A., Ewing, M. E., & **Waldron, J. J.** (2001). Goal setting. In V. Seefeldt & M.A. Clark (Eds.), *Program for athletic coaches' education* (3rd edition) (pp. 209-214). Traverse City, MI: Cooper Publishing Group.

Gano-Overway, L. A., Ewing, M. E., & **Waldron, J. J.** (2001). Motivating athletes. In V. Seefeldt & M.A. Clark (Eds.), *Program for athletic coaches' education* (3rd edition) (pp. 215-223). Traverse City, MI: Cooper Publishing Group.

Invited Presentation

Waldron, J. J., & Semerjian, T. (2016, April). *Social justice & LGBT inclusion in sport*. Invited speaker of WA1T panel discussions at Bowling Green State University, Bowling Green, Ohio.

- Waldron, J. J.** (2013, August). *Prosocial behaviors and social justice in sports and physical education*. Keynote speaker at the 23rd Pan-Asian Sports and Physical Education Conference, Cebu City, Philippines.
- Waldron, J. J.** (2011, November). *Intervening and stopping hazing: The why and the how*. Invited lecturer at St. Cloud State University, St. Cloud, Minnesota.
- Waldron, J. J.** (2011, March). *Hazing: Is it worth it?* Invited lecturer at Loras College, Dubuque, Iowa.
- Waldron, J. J.** (2010, February). *Gender performance – what a drag! Body experiences, gender identity, and sexual orientation*. Invited lecturer at University of Utah, School of Social Work, Voices of Diversity lecture series, Salt Lake City, Utah.
- Waldron, J. J.** (2009, February). *A sound foundation for whatever it is you want to build: A Case study*. Keynote presentation at the Midwest Sport and Exercise Psychology Symposium, Bowling Green, OH.
- Waldron, J. J.** (2007, October). *Power, performance and achievement motivation: Influences on risk taking*. Paper presented at the Drug Abuse in Sport and Exercise: Anti-doping Congress, Louisville, KY.
- Waldron, J. J.** (2000, March). *Our story in sport*. Presentation at Women in Sport Conference, Shaker Heights, Ohio.
- Waldron J. J.** (2000, March). *Creating a positive climate in sport*. Presentation at Women in Sport Conference, Shaker Heights, Ohio.

International Research Presentations with Published Abstracts

- Waldron, J. J., Kain, C., Loughran, M. J., & Markowitz, E.** (2008, September). The SIG that dares to speak its name: GLBT contributions to AASP diversity. Colloquia presented at the Association for the Advancement of Applied Sport Psychology, St. Louis, MO. (Co-organized and panel member) *Association for the Advancement of Applied Sport Psychology 2008 Conference Proceedings*, 21.
- *Waldron, J. J., & Vogel, B.** (2007, October). Examining differences among body perception profiles of college students involved in physical activity classes. Paper presented at the Association for the Advancement of Applied Sport Psychology, Louisville, KY. *Association for the Advancement of Applied Sport Psychology 2007 Conference Proceedings*, 63.
- *Waldron, J. J., White, N., & Coppock, T.** (2006, October). Achievement goals, motivational climate, and pain strategies of collegiate athletes. Paper presented at the Association for the Advancement of Applied Sport Psychology, Miami, FL. *Association for the Advancement of Applied Sport Psychology 2006 Conference Proceedings*, 48.
- Waldron, J. J.** (2004, October). The influences of a task-involving climate on indices of well-being: The case of Girls on Track. Paper presented at the Association for the Advancement of Applied Sport Psychology, Minneapolis, MN. *Association for the Advancement of Applied Sport Psychology 2004 Conference Proceedings*, 29.

- Waldron, J. J., & Ewing, M. E.** (2003, October). *Perceptions of competence and self-esteem among girls entering three out-of-school programs*. Poster presented at the Association for the Advancement of Applied Sport Psychology, Philadelphia, PA. *Association for the Advancement of Applied Sport Psychology 2003 Conference Proceedings, 73*.
- Waldron, J. J., & Ewing, M. E.** (2002, October). *Self-esteem, body-esteem, and athletic competence in adolescent females*. Poster presented at the Association for the Advancement of Applied Sport Psychology, Tucson, AZ. *Association for the Advancement of Applied Sport Psychology 2002 Conference Proceedings, 84*.
- Gano-Overway, L. A., Magyar, T. M., **Waldron, J. J.**, Guivernau, M., & Ewing, M. E. (2002, October). *Achievement goals and perceptions of the motivational climate on sportpersonships: Individual and team effects*. Poster presented at the Association for the Advancement of Applied Sport Psychology, Tucson, AZ. *Association for the Advancement of Applied Sport Psychology 2003 Conference Proceedings, 73*.
- Waldron, J. J., & Krane, V.** (2000, October). *Motivational climate and the development of goal orientation in adolescent females*. Paper presented at the Association for the Advancement of Applied Sport Psychology Conference, Nashville, Tennessee. *Association for the Advancement of Applied Sport Psychology 2000 Conference Proceedings, 44*.
- Greenleaf, C., Collins, K., **Waldron, J. J.**, Semerjian, T., & Dieffenbach, K. (2000, October). *Progressing with time: Graduate student perspectives on feminist research and practice*. Symposium presented at the Association for the Advancement of Applied Sport Psychology Conference, Nashville, Tennessee. (Co-organized and panel member). *Association for the Advancement of Applied Sport Psychology 2000 Conference Proceedings, 96*.
- Waldron, J. J.** (1998, September). *Body image and eating behaviors in collegiate female athletes*. Paper presented at the Association for the Advancement of Applied Sport Psychology Conference, Cape Cod, Massachusetts. *Journal of Applied Sport Psychology, 10*(Suppl. 1), S42.
- National Research Presentations with Published Abstracts**
- Waldron, J. J.,** Dreyer, C. L., McCormick, K. M., & Schlawin, B. M. (2014, April). The undergraduate research experience: Perspectives from students and faculty. Tutorial presented at the American Alliance for Health, Physical Education, Recreation, and Dance, St. Louis, Missouri.
- Waldron, J. J.** (2011, March). Athletes' perceptions of how rituals turn to hazing, San Diego, CA. *Research Quarterly for Exercise and Sport, 82* (Suppl. 1), A-67.
- *Waldron, J. J., & Kowalski, C.** (2008, March). Exploratory investigation into athletes' hazing experiences. Paper presented at the American Alliance for Health, Physical Education, Recreation, and Dance, Fort Worth, TX. *Research Quarterly for Exercise and Sport, 78*(Suppl. 1), A-99.

***Waldron, J. J.**, Coppock, T., & White, N. (2007, March). *Why collegiate athletes play through pain during competition*. Poster presented at the American Alliance for Health, Physical Education, Recreation, and Dance, Baltimore, Maryland. *Research Quarterly for Exercise and Sport*, 78(Suppl. 1), A-86.

Waldron, J. J. & Dieser, R. (2006, April). *Personal and cultural meanings of being fit and healthy*. Paper presented at the American Alliance for Health, Physical Education, Recreation, and Dance, Salt Lake City, Utah. *Research Quarterly for Exercise and Sport*, 77(Suppl. 1), A-90.

Waldron, J. J., & Finn, K. J. (2005, April) *Fundamental motor skills, perceptions of physical competence and perceptions of peer and maternal acceptance in preschool children*. Poster presented at the American Alliance for Health, Physical Education, Recreation, and Dance, Chicago, Illinois. *Research Quarterly for Exercise and Sport*, 76(Suppl. 1), A-60.

Waldron, J. J., & Ewing, M. E. (2004, April). *How out-of-school programs influence psychosocial development: interviews with early adolescent girls*. Paper presented at the American Alliance for Health, Physical Education, Recreation, and Dance, New Orleans, Louisiana. *Research Quarterly for Exercise and Sport*, 75(Suppl. 1), A-94.

Gano-Overway, L. A., Magyar, T. M., **Waldron, J. J.**, Guivernau, M., & Ewing, M. E. (2001, March). *Helping one another maintain the spirit of the game: Understanding females' perspectives on sportspersonship and developing strategies for encouraging good sport conduct*. Paper presented as part of a symposium at the American Alliance for Health, Physical Education, Recreation, and Dance, Cincinnati, Ohio. (Co-organizer and panel member). *Research Quarterly for Exercise and Sport*, 72(Suppl. 1), A-84-A-85.

International Presentations

Waldron, J. J. (2008, October). *Athletes' perceptions of the role of the coach in hazing*. Paper presented at the Physical Activity and Quality of Life Program, Pécs, Hungary.

Waldron, J. J. & Krane, V. (2005, August). *Hazing in Sport: Psychosocial Explanation*. Paper presented at International Society of Sport Psychology 11th World Congress of Sport Psychology, Sydney, Australia.

National Presentations

Waldron, J. J. (2017, April). *Incorporating service learning into the classroom: A journey*. Roundtable presented at Social Justice through Sport and Exercise Psychology Symposium, Charlottesville, Virginia.

Krane, V., **Waldron, J. J.**, & Stewart, D-L. (2017, April). *Mentoring student research on social justice topics*. Roundtable presented at Social Justice through Sport and Exercise Psychology Symposium, Charlottesville, Virginia.

Klein, A. R., Castro, W. A., Watanabe, P. I., Choi, S. I., da Silva, M. P., Mazzardo Jr, O., **Waldron, J. J.**, de Campos, W, & Fontana, F. E., (2016, June) *Development and validation of the Brazilian Weight Teasing during Physical Activity Scale*. Poster presented at NASPSA, Montreal, Quebec.

Bhalla, J., **Waldron, J. J.**, & Whaley, D. (2016, April). *Exploring the multiple, interconnecting "isms" in sport contexts*. Roundtable presented at Social Justice through Sport and Exercise Psychology Symposium, Bowling Green, Ohio.

Waldron, J. J. (2015, October). *"This crap happens in every sport": A discursive psychological analysis of three hazing cases*. Paper presented at Association for the Advancement of Applied Sport Psychology Conference, Indianapolis, Indiana.

Waldron, J. J., & Chananie-Hill, R. A. (2011, November). *Social justice and inclusiveness in women's flat track roller derby*. Paper presented at Tucker Center Conference on Girls & Women in Sport: Creating Change, Minneapolis, Minnesota.

Reel, J. J., Martin, J., Lantz, C., Rhea, D. J., & **Waldron, J. J.** (2010, March). *Eating disorder prevention in school and community settings*. Interactive panel at the American Alliance for Health, Physical Education, Recreation, and Dance, Indianapolis, IN.

Calabro, M., **Waldron, J. J.**, Welk, G. J., Ihmels, M., & Cobby, R. (2005, June). *Relationships between self-efficacy, perceived competence, and gross motor skills in children*. Paper presented at American College of Sports Medicine 52nd Annual Meeting, Nashville, Tennessee.

Waldron, J. J. (2005, February). *The Sportswoman: A historical lens into women's athletics*. Paper presented at Women and Sport: Before, During, and After Title IX, Bowling Green, Ohio.

Regional Presentations

Helgevold, A., **Waldron, J. J.**, Cornish, D. L., Flokstra, B., & VanSandt, C. (2015). *Enhancing academic integrity and facing academic dishonesty*. Plenary for Ethics Conference University of Northern Iowa, Cedar Falls, Iowa.

*Chananie-Hill, R. A., **Waldron, J. J.**, Turner, N. (2010, March). *Understanding women's flat track roller derby: A third-wave perspective*. Paper presented at the Midwest Sociological Society 2010 Annual Meeting, Chicago, Illinois.

Waldron, J. J. (2006, March). *Athletic hazing, gender, and the sport ethic*. Paper presented at the Midwest Sociological Society 2006 Annual Meeting, Omaha, Nebraska.

Waldron, J. J. (2004, November). *Research into practice: Motor learning in the gymnasium*. Paper presented at the Iowa Association for Health, Physical Education, Recreation, and Dance, Cedar Falls, Iowa.

- Waldron, J. J.** (2002, February). *Perceptions of parents and youth of two participation motives: Fun and physical fitness*. Paper presented at the Midwest Sport and Exercise Psychology Symposium, Macomb, Illinois.
- Gano-Overway, L., & **Waldron, J. J.** (2000, November). *Promoting sportsmanship: Creating a fair playing field*. Paper presented at Michigan Association for Health, Physical Education, Recreation, and Dance, Kalamazoo, Michigan.
- Waldron, J. J.** (2000, February). *Self-esteem and body image in adolescent female athletes and non-athletes*. Paper presented at the IX Annual Midwest Sport and Exercise Psychology Symposium; East Lansing, Michigan.
- Waldron, J. J.** (1998, February). *Body image, exercise, and eating behaviors in females*. Presentation at the VII Annual Midwest Sport and Exercise Psychology Symposium, Champaign, Illinois.

Service Presentations

- Waldron, J. J.** (2017, March). *Teach UNI project presentation: Wellness in the community*. . Presentation for Center for Excellence in Teaching and Learning, University of Northern Iowa, Cedar Falls, Iowa.
- Waldron, J. J.** (2016, March). *Wakonse Teaching Conference informational session*. Presentation for Center for Excellence in Teaching and Learning, University of Northern Iowa, Cedar Falls, Iowa.
- Waldron, J. J.** (2015, September). *Faculty panel: Thinking About Graduate School*. Panel for Graduate College, University of Northern Iowa, Cedar Falls, Iowa.
- Waldron, J. J.** (2014, October). *Language use and LGBT clients*. Presentation for Counseling Center, University of Northern Iowa, Cedar Falls, Iowa.
- Waldron, J. J.** & Lund, R. (2014, September). *Turnitin*. Presentation for Professional Development Series, School of HPELS, University of Northern Iowa, Cedar Falls, Iowa.
- Waldron, J. J.** (2013, December). *Is it fun or is it violent? A post-structuralist perspective*. Presentation at University Of Northern Iowa's Current Research on Women Forum Series, Cedar Falls, Iowa.
- Waldron, J. J.** (2013, November). *Creativity through movement: The Nia Technique*. Workshop at The Creativity UNIversity, University of Northern Iowa, Cedar Falls, Iowa.
- Waldron, J. J.** (2013, February). *Predictors of hazing in college and high school athletes*. Presentation at University of Northern Iowa's UNI Symposium on Research and Creative Activity. Cedar Falls, Iowa.
- Waldron, J. J.,** Heisterkamp, A., & Aspleaf, S. (2012, November). *Hazing: Leading and responding with solutions*. Webinar for high school coaches sponsored by Iowa High School Athletic Association and University of Northern Iowa, Cedar Falls, Iowa.

- Waldron, J. J.** (2012, November). *Applying the Mentors in Violence Prevention Program to LGBTQ students and allies*. Presentation at College of Education Fall Faculty Scholar Series.
- Waldron, J. J.** (2011, February). *Rituals are fun, hazing is violent: Rituals and hazing in sport*. Presentation at University of Northern Iowa's UNI Symposium on Research and Creative Activity. Cedar Falls, Iowa.
- Chananie-Hill, R. A., & **Waldron, J. J.** (2009, November). *Third wave agenda: Women's flat track roller derby*. Presentation at University Of Northern Iowa's Current Research on Women Forum Series, Cedar Falls, Iowa.
- Waldron, J. J.** (2008, February). *Your best defense: Self-defense clinic*. Presentation and clinic to Girl Scout Council of Eastern Iowa and Western Illinois.
- Waldron, J. J.** (2007, August). *Faculty Panel: Focused on Excellence*. University of Northern Iowa 2007 New Faculty Orientation, Cedar Falls, Iowa.
- Waldron, J. J.,** & Dieser, R. (2007, February). *Health, fitness, and appearance in college men and women: A cultural studies perspective*. Presentation at University Of Northern Iowa's Current Research on Women Forum Series, Cedar Falls, Iowa.
- Knesting, K., & **Waldron, J. J.** (2005, April). *Supporting LGBT College Students*. Presentation at University Of Northern Iowa's Current Research on Women Forum Series, Cedar Falls, Iowa.
- Knesting, K., & **Waldron, J. J.** (2004, February). *Why we should care: The importance of supporting LGBT students in the college classroom*. Presentation at Hawkeye Community College Employee Development Day, Waterloo, Iowa.
- Waldron, J. J.** (2002, August). *Outstanding TA's discuss their teaching*. Michigan State University Teaching Assistant Seminar on College Teaching, East Lansing, Michigan.
- Waldron, J. J.,** & McCann, P. (2002, May). *Why should athletes use mental skills?*. Presentation at Millington High School's Girls in Sports Day, Millington, MI.
- Waldron, J. J.,** & McCann, P. (2002, February). *Applying mental skills to athletics*. Workshop presented at the Women in Sport Leadership Conference, Lansing, Michigan.
- Waldron, J. J.** (2002, January). *Basketball clinic*. Presentation to Bath youth, volunteer basketball coaches, Bath, Michigan.
- Waldron, J. J.** (2001, December). *Coping with losing and stress in athletics*. Presentation at West Bloomfield High School girls' basketball team awards banquet, Farmington Hills, MI.
- Waldron, J. J.** (2001, February). *History of women in sport*. Workshop presented at the Women in Sport Leadership Conference, Lansing, Michigan.
- Waldron, J. J.** (2001, January). *Basketball clinic*. Presentation to Warren youth, volunteer basketball coaches, Warren, Michigan.
- Waldron, J. J.** (2000, November). *Basketball clinic*. Presentation to Bangor youth, volunteer basketball coaches, Bangor, Michigan.

Waldron, J. J. (2000, October). *Connectedness of physical and mental aspects of activity*. Presentation to 4-H instructors, East Lansing, Michigan.

Waldron, J. J. (2000, June). *Awesome athletes*. Presentation to 4-H Exploration Days, East Lansing, Michigan.

Gano-Overway, L. A., **Waldron, J. J.**, Magyar, M., Guivernau, M., & Ewing, M. E. (2000, February). *Sportspersonship: Helping one another maintain the spirit of the game*. Workshop presented at the Women in Sport Leadership Conference, Lansing, Michigan.

Waldron, J. J. (2000, January). *Basketball clinic*. Presentation to YWCA youth, basketball coaches, Lansing, Michigan.

Waldron, J. J. (1999, November). *Basketball clinic*. Presentation to youth, basketball coaches, East Lansing, Michigan.

Media Interviews

Sportspersonship. Interview with The Matt Townsend Show, BYU Radio, February 3, 2016. Retrieved from <http://www.byuradio.org/episode/20190d57-dd98-4dfb-8d31-5b8d717b07f8/the-matt-townsend-show-anti-intellectual-political-discourse-sportspersonship-marriage-age>

Children and parents feel pressure to specialize in sports. Interview with Talk of Iowa, Iowa Public Radio, February 5, 2014.

Hazing in Iowa. Interview with River to River, Iowa Public Radio, February 7, 2012.

UNI professor studies hazing. Interview with Iowa Radio News Network, February 2012.

Recent hazing cases are a teachable moment. Guest editorial in the Waterloo Courier, February 2012.

Inside a culture of hazing in athletics. Interview with KCRG, ABC 9 News, February 2012. (Interview about hazing).

The David Statue. Interview with KGAN, CBS 2 News, June 2007. (Interview about body image issues in men).

Theses

Waldron, J. J. (May 2003). *The effectiveness of three out-of-school programs on the psychosocial development of early adolescent girls*. Unpublished doctoral dissertation, Michigan State University.

Waldron, J. J. (May 1999). *Motivational climate and the development of goal orientation in adolescent female softball players*. Unpublished Master's Thesis, Bowling Green State University.

SERVICE TO THE PROFESSION

External Reviewer

RAND project (2017). *Hazing & Bullying Instrument*. Expert content reviewer.

Membership and Involvement in Professional Organizations

Social Justice in Sport and Exercise Psychology	2016-present
Co-founder	
Co-organizer of annual symposium	
Public Responsibility in Medicine and Research	2017-present
Association of Applied Sport Psychology (AASP)	1997-2015
Reviewer for 2015 AASP Conference Program	2015
Chair Web Content Committee	2009-2010
Social Psychology Committee member	2008-2011
Website Redesign Committee for AASP	2007-2008
Reviewer for the 2009 AASP Conference Program	2009
Reviewer for the 2008 AASP Conference Program	2008
Program presider for the 2007 AASP Conference Program	2007
Reviewer for the 2007 AASP Conference Program	2007
Reviewer for the 2005 AASP Conference Program	2005
Social Psychology Committee – Student Representative	2001
American Alliance for Health, Physical Education, Recreation, and Dance	2000-2015
Reviewer for the 2016 SHAPE Research Consortium Conference Program	2015
Program Review Panel Chair for the 2014 AAHPERD Research Consortium Conference Program	2013
Reviewer for the 2013 AAHPERD Research Consortium Conference Program	2012
Chair of Sport and Exercise Psychology Academy Committee	2009-2012
Research Consortium Committee on Awards	2007-2009
Review Panel Chair for the 2010 AAHPERD Research Consortium Conference Program	2009
Reviewer for the 2009 AAHPERD Research Consortium Conference Program	2008
Reviewer for the 2008 AAHPERD Research Consortium Conference Program	2007
Reviewer for the 2007 AAHPERD Research Consortium Conference Program	2006

Program presider for the 2006 AAHPERD Research Consortium
Conference Program 2006

Reviewer for the 2006 AAHPERD Research Consortium
Conference Program 2005

Involvement with Scholarly Journals

Editorial Boards

Sport, Exercise and Performance Psychology
Editorial Board Member 2011-present

Women in Sport and Physical Activity Journal
Associate Editor 2017-present
Psychology Section Editor 2009-2017

Physical Activity Today
Co-Editor 2010-2012

JOPERD
Appointed member from National Association
for Girls and Women in Sport 2005-2008
Chair of Editorial Board 2007-2008

Guest Reviewer

<i>American Journal of Preventative Medicine</i>	<i>The Sport Psychologist</i>
<i>Journal of Physical Activity and Health</i>	<i>Women Sport and Physical Activity Journal</i>
<i>Perceptual and Motor Skills</i>	<i>Adapted Physical Activity Quarterly</i>
<i>Research Quarterly for Exercise and Sport</i>	<i>Journal of Applied Sport Psychology</i>
<i>Revue Loisir et Société</i>	<i>International Journal of Coaching & Sport</i>
<i>Sex Roles</i>	<i>Science</i>

UNIVERSITY SERVICE

University Of Northern Iowa

University

Chair of Institutional Review Board 2017-present

Poster Judge, Graduate Student Symposium 2017

Scholarly Communications Committee (Rod Library) 2015-2017

Institutional Review Board Member 2014-2017

Elected Member of Student Academic Appeals Board 2013-present

Member of University Committee for 1943 Faculty for Excellence

in Teaching and Ross A. Nielsen Professional Service Award	2015
Member of Distinguished Scholar Award Committee	2013, 2017
College of Education Representative to LGBT* Advocacy and Advisory Committee	2012-2016
Appointed Member of Search Committee for President	2012-2013
Member of Graduate College Curriculum Committee	2012-2013
Member of Campus Violence Prevention Team	2012-2014
United Faculty Central Committee	2012-2013
Outstanding Dissertation Award Committee Member	2011-2012
Chair of Graduate Faculty: Elected from University Faculty	2010-2011
Chair of Graduate Education Strategic Planning Committee	2010-2011
Appointed member of search committee for Associate Provost for Academic Affairs and Dean of Graduate College	2010
Graduate Council: Elected Member from College of Education	2007-2010
Chair of Graduate Council	2008-2010
Member: Graduate Council Thesis Task Force	2007-2008
Alternate to Graduate Council	2005-2007
<i>College of Education</i>	
Member of Director of MVP Leadership Institute Search Committee	Fall 2012
Elected member of College of Education Ad-hoc Committee on changing the name of the college	Spring 2008
College of Education representative for on-campus visit of Mihaly Csikszentmihalyi	Spring 2005
Prepared and organized itinerary of Distinguished Visiting Scholar	Fall 2004
<i>Women's and Gender Studies</i>	
Graduate Committee	2016-present
Graduate Coordinator	2013-2015
Chair of Graduate Committee	2013-2015
Women's and Gender Studies Programming Committee	2012-2013
Member of Gender-Inclusive Housing Committee	2013-2014

Women's Studies Advisory Board Appointed Member	2005-present
Affiliate Faculty Member Women's Studies	
Planned panel discussion on Eve Ensler's <i>The Good Body</i>	Spring 2005
<i>School of Kinesiology, Allied Health and Human Services (formerly Health, Physical Education and Leisure Services)</i>	
Appointed member of search committee for Physical Education position	2016-2017
Chair of Movement and Exercise Science Student Outcome assessment for Physical Education Division	2017-present
Appointed Chair of Academic Program Review Physical Education Graduate Program	2014-2015
Appointed member of search committee for Physical Education position	2013-2014
Chair of Graduate Student Outcome assessment for Physical Education Division	2013-2017
Appointed member of collaborative team for "Through Our Eyes – A Brazilian and American Perspective"	Spring 2013
Appointed member of search committee for Physical Education position	Spring 2013
Appointed member of examination of non-standard instruction	Spring 2012
PE Division Scholarship Committee	2012-present
Planning and Policy Committee	2003-2010
Appointed member of search committee for Physical Education position	Spring 2008
Performed with International Dance Theatre in Hong Kong	Summer 2004
Appointed member of search committee for Health Promotion position	Spring 2004
<i>Faculty Advisor</i>	
Monium: Women's Ultimate Frisbee Club Team	2009-2012
UNI Proud	2009-2010

Michigan State University

Department of Kinesiology

Search Committee: Director of Institute for the Study of Youth Sports	2001-2002
Co-Chair of Kinesiology Graduate Student Organization	2000-2001
Midwest Sport and Exercise Psychology Symposium Organizer	February 2000
Dean's Advisory Committee	1999-2000
Kinesiology Graduate Student Organization	1999-present

Bowling Green State University

School of Human Movement, Sports, and Leisure Studies

Graduate Student Representative to Graduate Faculty Meeting	1997-1999
Development Leader for Graduate College Professional Development Program	1998

COMMUNITY SERVICE

HazingPrevention.org: Programming committee	2012-2015
Field of Yoga: Instructor and Consultant	2012-2014
Cedar Valley GSA Coalition Advisor	2008-2010
Girl Scouts of Eastern Iowa and Western Illinois, Board Member	2007-2010
Girl Scouts, Chair of Mission to Market Task Group	2006-2007
Girl Scouts Council Realignment Committee	2006-2007
Girl Scouts of Conestoga Council, Board Member	2006-2007

Psychological Skills Consultant

2004	Adolescent distance runner, Cedar Falls, Iowa Overcoming anxiety & fear, confidence
1999	Level 8, 9, 10 Gymnasts, Lansing, Michigan Overcoming fear, confidence, communication
1998	Collegiate Gymnast, Bowling Green State University goal-setting, recovery from injury, relaxation
1998	Collegiate Soccer Team, Bowling Green State University goal-setting, team building, imagery
1998	Collegiate Softball Player, Bowling Green State University concentration, confidence, positive thinking

TEACHING EXPERIENCES AND COMPETENCIES

Teaching workshops/education

Diversity and Inclusion Faculty Learning Community (March 2017-March 2018).

Service Learning Institute. (May, 2016). Workshop + implementation of service learning project (competitive application).

Wakonse Teaching Conference. (May, 2015).

Teaching experiences (University Of Northern Iowa)

Graduate Courses

Gender and Sport	Sport Psychology in the Field
Introduction to Statistics	Research Methods
Sport Psychology	Understanding and Coaching Youth Sports

Undergraduate Courses

Gender and Sport	Tennis
Introduction to Motor Behavior	Self-defense
Psycho-social Aspects of Competitive Sport	Social Psychology of Physical Activity
Psychological Skills for Sport Participants	Understanding and Coaching Youth Sports

Guest Lecturer

Hazing in sport

Class: Athletic directorship

Feminist Research in Sport

Class: Graduate Seminar in Women's and Gender Studies: Comparative Feminist Theories (680:289)

Gender and Sport

Class: Gender and Communication (48C:153; multiple times)

Violence and Sport

Class: Selected Topics in Women's Health (410:128g)

Title IX

Class: Men in Sports, Relationships and Society (310:180g)

Gender and Sport

Class: Women, Men and Society (980:001)

Social Psychology and Kinesiology

Class: Psychology Graduate Seminar

Undergraduate Teaching experiences (Michigan State University)

Sociocultural Aspects of Sport and Physical Activity

Proseminar in Kinesiology

Teaching Competencies

Applied Sport Psychology	Motor Behavior
Exercise Psychology	Motor Development
	Motor Learning

Psychological Aspects of Sport
Research Methods
Social Psychology of Sport

Sociology of Sport/Exercise
Sport and Diversity
Sport and Gender
Statistics

Non-credit Instruction

Waldron, J. J. (Fall, 2015). *Joyful movement and health*. Lifelong University class through University of Northern Iowa taught at Western Home, Cedar Falls, Iowa.

Undergraduate Advising

1	2003-2004	25	2010-2011
20	2004-2005	34	2011-2012
24	2005-2006	35	2012-2013
20	2006-2007	38	2013-2014
19	2007-2008	40	2015-2016
24	2008-2009	47	2016-2017
26	2000-2010		

Individual Studies Committee

1	2003-2005
2	2004-2006
2	2011-2012
2	2012-2013
2	2013-2014
2	2014-2015
2	2015-2016
2	2016-2017

Master Students' Thesis Chaired

Kalin, J. (2013). *Preferences toward gender of coach and perceptions of roles of basketball coaches*. University of Northern Iowa.

Arganbright, K. (2013). *Immediate heart rate feedback, self-efficacy, and feeling states in a vigorous exercise setting*. University of Northern Iowa.

Hildebrand, J. P. (2011). *Analysis of selected team performance measures and their correlation with game outcome in 1-AA college football*. University of Northern Iowa.

Monaghan, B. (2010). *Youth athletes' perceptions of parental behaviors at sporting events*. University of Northern Iowa.

Kapping, M. (2010). *An investigation of the association among the transtheoretical model, self-efficacy, and decisional balance in older adults*. University of Northern Iowa.

Vogel, B. (2009). *Body type and physical perceived competence in college female dancers*. University of Northern Iowa.

Ohrt, J. (2008). *Self-perceptions in early adolescent girls*. University of Northern Iowa.

- Eastman, D. J. (2006). *Objectified body consciousness and eating attitudes and behaviors of college-aged females and males*. University of Northern Iowa.
- Boelke, K. J. (2005). *Influence of cup stacking on the heart rate in 4th grade students*. University of Northern Iowa.
- Kuennen, M. R. (2005). *Personality traits: Perfectionism, narcissism, self esteem, and multiple demographic descriptors as predictors of muscle dysmorphia*. University of Northern Iowa.

Master Students' Projects Chaired

- Summers, R. (2014). *Empowering Young Black Women through Wellness*. University of Northern Iowa. (2016, Third Place Outstanding Research Paper Award)
- Price, C. (2014). *The relative age effect among elite level triathletes*. University of Northern Iowa.
- Artist, K. (2013). *Developing clever players through self-talk*. University of Northern Iowa.
- Vermeer, S. (2012). *Familial influences on the physical activity culture of children*. University of Northern Iowa.
- Papesh, K. (2011). *The effects of sex-segregation on physical education fitness-testing results*. University of Northern Iowa.
- Pins, T. A. (2010). *Motivational climate: Coaches using a mastery approach*. University of Northern Iowa.
- Chakrian, R. (2010). *Teacher-initiated reminders to increase the frequency of attainment of students' self-set aerobic fitness goals*. University of Northern Iowa.
- Cline, B. (2010). *The effects of verbal aggression on self-efficacy and self-talk*. University of Northern Iowa.
- Schmidt, S. J. (2010). *Identifying sport commitment among college football players*. University of Northern Iowa.
- Huang, A. C. (2010). *Obesity in American and Taiwanese youth*. University of Northern Iowa.
- McKowen, B. (2009). *The influence of stress on performance: A proposal*. University of Northern Iowa.
- Janelle, L. (2008). *Comparison of effort measured by heart rate of 5th grade boys and girls*. University of Northern Iowa.
- Crandall, E. (2008). *Self-determination theory and applications to physical education and coaching*. University of Northern Iowa. (2009, First Place Outstanding Research Paper Award)
- Troupe, N. R. (2007). *The application of the sport commitment model to strength and conditioning*. University of Northern Iowa.

Parsons, R. K. (2007). *The female adolescent experience: Barriers to physical activity*. University of Northern Iowa.

Jahn, J. A. (2006). *A review of achievement goal theory in physical education*. University of Northern Iowa.

Truax, A. M. (2006). *Examining coaching efficacy*. University of Northern Iowa.

Rowen, L. (in progress). *Burnout, drop out, and injury in youth sports: The influence of parents and coaches*. University of Northern Iowa.

Undergraduate Senior Thesis

Norem, A. (2018). *Individuals' use of fitness trackers for adherence to physical therapy*. University of Northern Iowa.

Sells, C. (2018). *Occupational therapists perceptions of helping individuals with cancer*. University of Northern Iowa.

Schlavin, B. (2014). *Patient preference for physician prayer in medical situations*. University of Northern Iowa.

Hawkins, B. (2012). *College students and motivation to be physical active: A self-determination theory approach*. University of Northern Iowa.

Undergraduate Senior Projects

Moore, K. (2012). *Cheerleading Coaches Manual*. University of Northern Iowa.

Hudak, D. (2008). *NFL Combine Training*. University of Northern Iowa.

Roberts, A. (2008). *Examining Preparation for NFL Combine*. University of Northern Iowa.

Bitteto, C. (2005). *A coaching plan for wrestling*. University of Northern Iowa.

Ridder, E. (2004). *A handbook for coaching football*. University of Northern Iowa.

Roethler, B. (2004). *A parent's perception*. University of Northern Iowa.

Membership on Thesis Committees

3	2003-2004	2	2009-2010
5	2004-2005	2	2010-2011
4	2005-2006	3	2011-2012
3	2006-2007	3	2012-2013
4	2007-2008	3	2013-2014
3	2008-2009		

Membership on Dissertation Committees

1	2017-2018
1 External Member	2016-2017
1	2016-2017
1	2006-2007

AWARDS AND HONORS

2017	NISG Above and Beyond Student Learning Award Nominee
2017	Honorary Sideline Coach: Women's Volleyball
2016	Iowa Academy of Education Inductee
2016	Honorary Sideline Coach: Women's Swimming and Diving
2015	Honorary Sideline Coach: Men's Football
2015	College of Education Faculty Award – Research/Scholarship
2015	Nominated for James F. Lubker Research Award
2013	Regent Award for Faculty Excellence, University of Northern Iowa
2012	Honorary Sideline Coach: Women's Basketball
2012	Nominated for Regents Award for Faculty Excellence
2010	Mabel Lee Award for Young Professionals American Alliance for Health, Physical Education, Recreation, and Dance
2009	Nominated for College of Education Scholarship Award, University Of Northern Iowa, Cedar Falls, Iowa
2008, 2011	Milestone Award for Outstanding Mentoring to Graduate Students, University of Northern Iowa, Cedar Falls, Iowa
2008, 2007	Nominated for University Book and Supply Outstanding Teacher Award, University Of Northern Iowa, Cedar Falls, Iowa
2007	American Alliance for Health, Physical Education, Recreation, and Dance Research Consortium Fellow
2001-2002	Excellence in Teaching Citation, Michigan State University, East Lansing, Michigan
January 2000	Winner, Oral Presentation for Research Recognition Day, Michigan State University, East Lansing, Michigan
1999-2000	Distinguished Thesis Award, Bowling Green State University, Bowling Green, Ohio
1999-2000	Recipient of a Recruiting Scholarship, College of Education, Michigan State University, East Lansing, Michigan